



Sara-Elizabeth Clark

sara-elizabeth@itsnotwhoiam.com

www.itsnotwhoiam.com



**EPILEPSY
FOUNDATION®**

Not another moment lost to seizures™

FOR IMMEDIATE RELEASE

Contact: Sara-Elizabeth Clark
Sara-Elizabeth@itsnotwhoiam.com

Sara's Walk For Epilepsy **"A Local Walk with a NATIONAL Impact"**

April 27, 2010—WASHINGTON D.C., NEW PALTZ, NY – Sara-Elizabeth Clark, itsnotwhoiam.com and the Epilepsy Foundation will host 'Sara's First Walk For Epilepsy—A Local Walk with a NATIONAL Impact' on Sunday, June 6, 2010. Proceeds from this event will benefit the local affiliates of the Epilepsy Foundation. Volunteers are being sought to participate in this walk to raise money and awareness for those whose lives have been touched by epilepsy across the United States.

Five years ago, the now 15-year-old New Paltz, N.Y. High School student, Sara-Elizabeth Clark, turned her focus outward and organized annual events as a way to create awareness of this disorder. Sara-Elizabeth, now seizure-free, had her first seizure when she was 16 months old, and throughout her young life continued to experience tonic-clonic and partial complex uncontrollable seizures.

"To date my fund raising events have raised over \$50,000.00, which went toward programming in my home area" she said. "This year, with the support of the Epilepsy Foundation, I am taking my Walk NATIONAL to benefit everyone with epilepsy across the USA. I hope that you will join me on Sunday, June 6, 2010 and walk in your local area with your family and friends to support epilepsy awareness. Together we can help demystify the ever present stigmas associated with seizure disorders."

For more information on how to participate in 'Sara's Walk for Epilepsy—A Local Walk with a NATIONAL Impact', contact Sara-Elizabeth at sara-elizabeth@itsnotwhoiam.com or visit www.itsnotwhoiam.com or register on-line by clicking on SARA'S WALK GOES NATIONAL. For more information about epilepsy or the Epilepsy Foundation, please contact Kisha James at the Epilepsy Foundation at kjames@efa.org or 301-918-3768.

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The Epilepsy Foundation, a national nonprofit with affiliated organizations throughout the United States, has led the fight against epilepsy since 1968. The Foundation's goals are to ensure that people with seizures are able to participate in all life experiences; and prevent, control and cure epilepsy through services, education, advocacy and research, so not another moment is lost to seizures. For additional information, please visit www.epilepsyfoundation.org or call 800-332-1000.

Sara-Elizabeth Clark is the subject of the high interest fiction book titled '*Being Sara*', written by Christopher Passudetti and published by Scobre Press. Her website, www.itsnotwhoiam.com is the winner of the 'Website of the Month, May 2008' —Northeast Center for Special Care. Sara-Elizabeth is also the recipient of the 2008 'Kohl's Kids that Care' National Scholarship and The Epilepsy Foundation 2008 'Raising Awareness Award'. Sara-Elizabeth was honored on March 20, 2009 by The Epilepsy Foundation of Northeastern New York for 'Increasing Awareness of Epilepsy In Our Community', as well as receiving many other honors, achievements and awards. Please visit www.itsnotwhoiam.com for details and more information.